

Shri Govind Guru University

BSC Semester - 1 Value Added Course (NEP-2020)

BSC23VA104 National Service Scheme

Unit 1 : Introduction and Basic Concepts of NSS

• Introduction of National Service Scheme • History & Philosophy of NSS • Basic Concepts: Objectives, Symbol, Motto, NSS Badge, NSS Songs, NSS Day • NSS Advisory Committees at various levels

Unit 2 : NSS Programme's and Activities

• Basic Concepts and Components • Various NSS Programme's and Activities • Aims of NSS Programme/Activities • Regular Activities & Special camping Programme • Orientation of NSS volunteers

Unit 3 : Health, Hygiene & Sanitization Programme's And Documentation

• Definition, Need and Scope of Health Education • National Health Programme's • Food & Nutrition • Safe Drinking Water, • First Aid, Healthy Lifestyle • Swachh Bharat Abhiyan
• Preparation of documentation reports of NSS Activities. • Preparation of one day and annual camp report • Volunteer Diary • Socio Economy Survey Form for Adopted Village, Adopted Slum Area • Socio Economy Survey Data Collection, Analysis and Reporting.

Suggested References:

NATIONAL SERVICE SCHEME MANUAL

On-line Resources: <https://nss.gov.in/>